



MINOOKA COMMUNITY HIGH SCHOOL DISTRICT # 111

HEALTH PROCEDURE FORM

Allow student to use his/her prescribed asthma medication with assistance as needed.

Encourage relaxation (slow, deep breathing, sipping fluids if appropriate).

Stay with the student and monitor symptoms:

1. If symptoms significantly improve after taking medications-student may return to class following 15 minutes of observation.
2. If symptoms do not improve within 10 minutes after taking medication-parent will be contacted for direction.
3. If the severity of symptoms warrant-911 will be called.
4. Peak flow guidelines and activity restrictions should be in writing from a physician.

Please describe if you want additional help given or have concerns: _____

(Peak flow guidelines and activity restriction should be in writing from a physician)

Parent/Guardian (Print)

Parent/Guardian Signature

Emergency Contact Number